

SAN DOMENICO SCHOOL ATHLETICS



2010 PS/MS Fall Sports Sign-up & Permission Sheet

Student Name	Male/Female	Grade (3-8 only)
Home Phone Number	Birth Date	School (other than SD)
Home Address	E-mail Address	
Parent/Guardian Name	Emergency Contact/Phone #	

Please check one of the sports below:

- PS or MS Cross Country (3rd grade through 8th grade girls and boys)
- PS (5th grade girls only) & MS CYO Volleyball (6th/7th/8th girls)
- PS/MS Golf (Grades 3-8; Weds. Only 3:15-4:15)
- MS Flag Football (6th/7th/8th grade boys). **Please indicate which days you are available for flag**

football practices: _____

***Please see important information regarding fall sports on the next page.**

- **FEES (defrays league fees, staffing, equipment, uniforms, and awards):** Except for golf, the fee is \$150 for one participant or \$200 for families with more than one child participating. The fee for golf is \$150 (eight classes). Please make checks payable to San Domenico and return in an envelope to the receptionist desk in the library or to the appropriate school level secretary. Please label the envelope Fall Sports Sign-up. **Due no later than Tuesday, September 7 (please note that your child will not be able to participate in a team practice until the school has received a sign-up form).**
- **COMMITMENT:** Please understand that participants are expected to attend all practices (usually twice a week) and competitions. **Unexcused absences from practices for other than health or academic reasons may result in reduced or suspended playing time.** Please don't sign-up if a conflict exists with another extra-curricular activity that your son/daughter is doing; if you are not sure a conflict exists, please talk to the coach.

LIABILITY WAIVER

I hereby release San Domenico School. Its officers, agents, members of the Board of Directors, employees, and the Dominican Sisters of San Rafael of any liability in the case of injury incurred during the above mentioned sports activities, including transportation to and from practice games. In the event that I cannot be reached in an emergency, I hereby give permission for San Domenico's representative or the assigned coach to authorize by his/her signature whatever medical treatment may be considered necessary by the attending physician for my child. I have read and understand the above statement, and I understand it is a release of all claim for injuries and damages, except in the case of negligence. My signature evidences acceptance of the provisions of the above statement.

Parent/Guardian Signature	Date
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2010 PS/MS Fall Sports Information



<u>SPORT</u>	<u>START DATE</u>	<u>WEEKLY PRACTICE DAYS/TIMES</u>	<u>COACH(ES)</u>
-PS Cross Country	Week of 8/30	Monday & Thursday/3:10-4:20 @ Soccer Field	Jeff Skaggs/jskaggs@sandomenico.org
COMPETITION: Championship Meet will be on Wednesday, October 20, at San Domenico. Two other meets TBA will precede the championship meet.			
-PS/MS Golf	Week of 8/30 www.totalgolfadventures.com	Wednesdays, 3:15-4:15 on blacktop near swimming pool	Sherman Lewis 415-599-9478
-MS Cross Country	Week of 8/30	Tuesday & Thursday 3:10-4:20 @ Soccer Field	Mike Fulton
COMPETITION: Four-five meets on Wednesdays or Thursdays starting the last week in September through the third or fourth Thursday in October.			
-MS Flag Football	Week of 8/30	Monday & Wednesday @ Soccer Field	Mike Fulton/ Aran Levasseur
*Practices will occur on the two days that work best for the majority of players.			
COMPETITION: Games once or twice a week starting late September through early November.			
-5 th CYO VB	Week of 8/30	T & W 3:15-4:20 p.m.	Jeff Skaggs
-6 th CYO VB	Week of 8/30	Days TBA, 3:15-4:20 p.m.	Laura Suski
-7 th CYO VB	Week of 8/30	M (both teams), W (B team only) & TH (A team only), 6:15-7:45 p.m.	Dave Geoffrion
-8 th CYO VB	Week of 8/30	T & TH, 6:15-7:45 p.m.	Liz Stoner

***Note: Some adjustment of practices may need to occur during certain weeks due to conflicts with the US volleyball teams or other activities.**

CYO VOLLEYBALL COMPETITION: Starts late September through early November. All games played on Sunday afternoons at either Terra Linda HS or Marin Catholic HS.

For up-dates on all fall sports' teams, please check the school web-site at www.sandomenico.org.